

**BETA SIGMA PSI
EPSILON CHAPTER
AT IOWA STATE
UNIVERSITY**



The Epsilon Experience

Fall Edition

October 2012

Did you know...

- Beta Sigma Psi is featured in the local Gateway Hotel, and is the only fraternity so represented?
- Epsilon Chapter was featured in the National publication, Marty's Boys?
- Epsilon chapter has recently enacted a Senior and Freshman out-of-house program, and is transitioning to Year-Round Recruitment?



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Message from the President

I can hardly believe it is that time of year again: football season, Homecoming celebrations, Thanksgiving right around the corner. This fall semester has felt like a whirlwind at Epsilon chapter. With ten weeks of class completed by homecoming week, we have accomplished so much. Already this semester, we had our philanthropy, our first Beta Sig Mom's day with around 50 mothers in attendance, our first ever Brotherhood Week, and many hours of serving the local

community and Memorial Lutheran Church. It is an extremely exciting time to be a Beta Sig. It has been my joy to serve as president of these fine young men as they continue to impress me with their passion to be successfully involved as Christian leaders. The executive board and I want to make certain this passion is deeply rooted within the fabric of the fraternity so as we move on, Epsilon Chapter of Beta Sigma Psi will continue to foster, encourage, and inspire Christian leaders

at Iowa State University.

We look forward to seeing you on October 27th and 28th as Iowa State University celebrates 100 years of Homecoming. Please feel free to come see us at 2132 Sunset Drive during Homecoming or at any time you are in the Ames area.

In Christ,

Joel Pudenz, President,
E-804





Mom AJ welcoming guests to Beta Sigma Brunch



The Quidditch team begins a practice match on Central Campus.

Academic Achievements

Last semester Epsilon chapter had an average GPA of 3.10



House Mom's Corner

I've been in the Greek community almost a total of 12 years. But I can say I've never seen a semester like this one. The magic words have to be "time management." We all breathed a sigh of relief when we realized Homecoming was slated for Oct. 27. There was going to be plenty of time to get everything done. Turned out there have been plenty of tests, activities, and life to fill in the time "we thought we had." Fall recruitment brought three new young men to join the 17 who moved in Aug. 15. New faces, names, and places are now a part of my memory bank. These young men never cease to amaze me with their

many talents and abilities. They are involved in so many activities related to their majors or interests. We had our first ever Moms' Weekend. Although it wasn't planned, it preceded the philanthropy brunch that Sunday, so the guys had to step up and help Cookie for that big day plus cleaning their rooms and then spending time with their moms. I'm not sure who had more fun! We had the first ever silent auction which proved to be quite an event. There was a visit to Reiman Gardens and dinner out. Faces and names finally connected and friendships were formed.

We are looking forward to seeing many of you at Homecoming, Oct 27 either at the tent or the House. I would really like to see as many of you whom I've met over the past six years as this is my last Homecoming with Beta Sigma Psi. Unfortunately, health issues are pressing me to step away from this awesome "job" I've been blessed to have. So in May I will bid farewell to some of the best memories I will ever have. A search is underway for a new "mom" and any suggestions you may have will be appreciated. (More thoughts in the spring issue)
-Alice "Mom AJ" Walter

Highlight on: Quidditch!

A major accomplishment of one of our Active Members was the creation and eventual presidency of ISU's very first Quidditch club! First sprung from the young-adult Harry Potter novels, Quidditch has evolved into a high-intensity inter-collegiate sport where you need brains, and not just

brawn to succeed. The ISU Quidditch club's executive committee is almost entirely comprised of Beta Sigs, who truly aspire to leadership inside and outside the fraternity. Many long hours, managing and practicing, are provided by Beta Sigs, and their effort is truly essential to the growing im-

pressiveness of this on-campus activity, which is always looking to expand its boundaries and recruit new members.

-Zachary Tener,
Corresponding Secretary,
E-845

News from a Social Chair

This semester the social chairs in the house have taken an approach to immerse the men of Beta Sigma Psi in the Greek community with a focus on meeting and sustaining great friendships. To achieve this goal, we have had at least one social per week this semester. In addition to socials in the Greek community, we are rejuvenating House Party this year to make it more attractive for all of the men. We are calling it Destination House Party. Essentially, we as a house are renting an upscale hotel enter-

tainment center for a catered dinner and dance. Afterwards, small groups of Beta Sigs will be entertaining their dates in the variety of festivities throughout the grandeur of Des Moines. Moving forward, our goal, as social chairs will be to show the men in the house that Yell Like Hell, Varieties, and Lipsync are essential parts of our image here in the Greek community and to be a desired pairing, we need to have 100% participation in these events! We have a huge opportunity this year for Varieties, as we are paired with

ΑΓΡ, ΦΔΘ, ΚΔ, & ΑΔΠ. This is a huge opportunity, as we have not been paired with ΑΔΠ in many years. In addition, ΚΔ has just gone through a major rejuvenation of their chapter and will be a powerhouse in the coming years. This provides us with an opportunity to show them how hard our men are willing to work to be number one on campus.

-Jake Allen, Social Chair, E-810

Minutes from the Recruitment Desk

This year the Epsilon Recruitment Chairs had a successful summer recruiting a class of 20 associates for the new incoming class! With over 80 scholarship applicants and 30+ referrals from members and alumni, Epsilon had a great base to start with recruiting. Jared Stumme and Stuart McCulloh started the recruitment process with a very positive Greek Getaway experience.

With 13 potential new members both Friday and Saturday night staying at the fraternity, Beta Sigma Psi got to know a great group of high seniors, and a few juniors! In total, Beta Sig signed 7 men that attended Greek Getaway. With 17

spots within the house for incoming members, the Recruitment Chairs filled the house and then some, signing 3 out of house members that currently live in the residence halls and are excited to move into the house at the first chance. Recruitment is the lifeblood of any fraternity and Beta Sigma Psi is taking steps to transition into year-round recruitment. On-campus recruiting and networking has blossomed of recent and we look forward to seeing it grow. Beta Sigma Psi participated in Fall Fraternity Recruitment this fall; while not signing any new members we feel that it was an overall positive experi-

ence as more than 30 potential new members toured the house as part of the recruitment process. We know that this was a great awareness step for Beta Sigma Psi and further established our foundation here at Iowa State University. This semester, Epsilon chapter is continuing to establish a social media presence with Twitter and Facebook as well as short video clips of the fraternity. Twitter: @BetaSigmaPsiISU Facebook: Rush Beta Sigma Psi ISU

-Stuart McCulloh, E-813
-Jake Vanderslice, E-Recruitment Chairs



Many Potential New Members joined the actives for the annual canoe trip in July.

Message from The Kitchen

The first few weeks in the semester are always a challenging time for the kitchen and me. The freshmen are learning the ways of K-Crews and the other guys need some reminders of how things are done. The freshmen see food and eat, and then eat more, while some of the upper classmen also eat as if they did not eat all summer. Tonight the guys went through 25lbs of pot roast, 20lbs of roasted potatoes, 10lbs of roasted carrots, 2 gal of mashed potatoes, 4 loaves of homemade bread, and 3 pumpkin spice Bundt cakes. When I

left after supper some potatoes were left along with 1/2 a cake and some bread. This fall the men are eating more vegetables, -- yams, peas, squash, carrots—along with the corn and green beans. They have been asking for more meat loaf and ham loaf. These I make into balls —easier to serve and faster to bake. Little do they know I use ground carrots, celery, onions, and green peppers as part of the filler instead of bread crumbs! I raised a garden this summer (in the Ames community garden area) and have been able to use a lot

of the tomatoes, peppers, egg plant, onions, squash, herbs, and shallots I grew. I really enjoy growing vegetables and flowers. I even decided to exhibit some things at the State Fair. I won a 1st place with my shallots, 2nd on my herb garden display, 3rd on a hot pepper plant, 3rd on my plate of Heirloom vegetables and 4th on sage. I think I did well for the 1st time I exhibited at the Iowa State Fair in 40 years. (I exhibited in 4H in the open Class)

-John "Cookie" Anderson



The Kitchen Crew of Beta Sig Brunch, with the star of the show, Cookie!



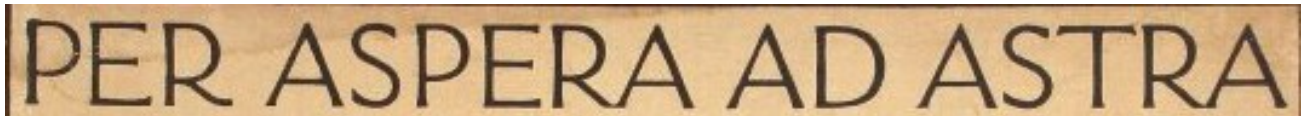
Homecoming 2012—Schedule & Map

Schedule



Practicing the Welcome Back Serenade for ISU's Sororities at the beginning of the year

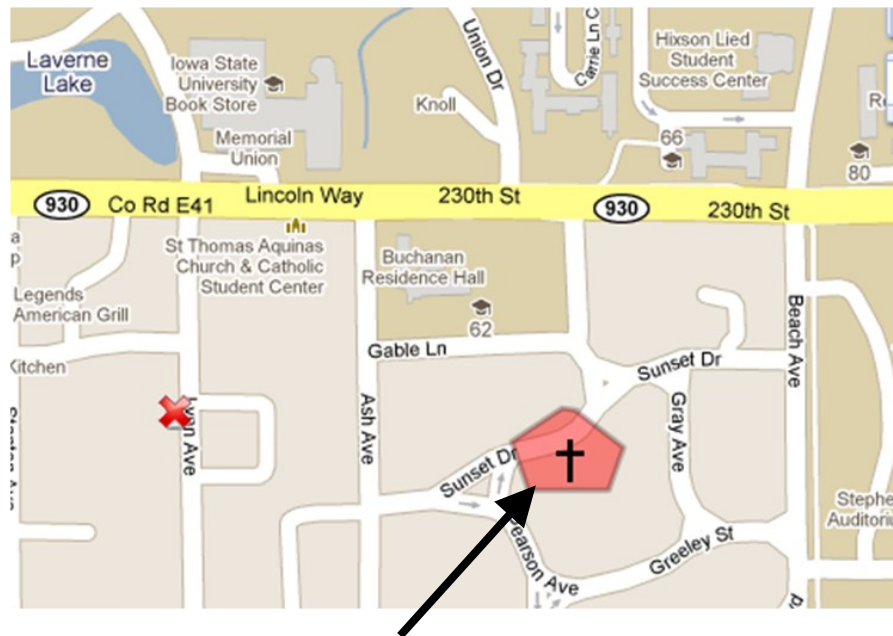
Friday, October 26th	5:00PM-9:00PM	<ul style="list-style-type: none"> Pep Rally and Centennial Celebration at the Iowa State Alumni Center
Saturday, October 27th	A Few Hours Before the Game	<ul style="list-style-type: none"> Beta Sig Alumni Tent is rented for Alumni and Family
	TBD	<ul style="list-style-type: none"> The Iowa State Cyclones take on the Baylor Bears in
	After The Game	<ul style="list-style-type: none"> Feel Free to come back to the Chapter House and
Sunday, October 28th	8:30AM-9:30AM, 11:00AM-12:00PM	<ul style="list-style-type: none"> Church Service, Memorial Lutheran Church



Map



The guys celebrating after doing community service, having completed our annual Highway Clean Up!



Our house is located at **2132 Sunset Drive**, shown on the map above. Feel free to stop by at any time, for a tour, dinner, or just to relax!



Mom's Day 2012

Beta Sigma Psi had its first Beta Sig's Mother's Day on September 22nd, the Saturday before Beta Sig Brunch. Activities planned for the moms included a serenade from the men, a silent auction, which raised over a thousand dollars for the Beta Sigma Psi Parent's

Club, a tour of Reiman Gardens, and dinner at Mongolian Buffet, as well as free time for the mom-and-son pair. The forty-plus mothers and their sons got to spend a large amount of quality time together, make some new connections, and enjoy themselves.

Both parties are already looking forward to the next Beta Sig's Mother's Day eagerly.

-Peter Von Qualen,
Homecoming Chair, E-8

Yell Like Hell

So far, we have built an amazing Yell Like Hell skit! The overall Homecoming theme this year is A Cytennial Celebration: Taking Ames By Storm and our skit focuses on saving

Cyclone Spirit! Every single one of our guys has been committed to making this skit great and the support from the rest of our pairing has been awesome as well!!! Be on the look-

out for a great new trophy this year!

-Michael Heger, Treasurer,
Yell Like Hell Co-Chair, E-8



Serenading our Homecoming Pairing, Alpha Omicron Pi

Homecoming 2012: The Cytennial Celebration!

We are extremely excited for Homecoming this year. We are paired with Alpha Omicron Pi for the second year in a row and Sigma Pi is our small house pairing. Both houses have been wonderful to work with and are just as excited for Homecoming as we are. The morale around the house and the willingness of everyone to help out makes the job of Homecoming Chair

very enjoyable. Yell Like Hell is well under way and our co-chairs Michael Heger and Jon Baumgarten have put together a great skit for us. Other events such as Blood Drive, where we had nearly 100% participation from everyone in Epsilon Chapter, Blue Sky Days, an upcoming 5K run dedicated to the Lutheran Services of Iowa, Banner Painting,, and the All New Greek Garage

Sale keeps us busy while preparing for Cytennial Homecoming 2012., the 100th anniversary of Homecoming at Iowa State.

-Nathaniel Moore, Recording Secretary,
Homecoming Co-Chair, E-8

A Letter from the Freshman Class President

Greetings fellow Beta Sigs,

My name is Peter Buchan, and I am the Freshman Class President. I just transferred to Iowa State this Fall from Iowa Lakes Community College, so I am actually a Junior in academics, but a Freshman in the house. I must say that so far the House is going above and beyond my thoughts and expectations. Being an Associate Member has blown my

mind so far; I feel incredibly fortunate to have joined the house. The brotherhood here is unbelievable, and I wouldn't have chosen any other path. I have already been part of a lot of fun times, and it's only been half of a semester! I am really looking forward to my first homecoming, and watching the Yell Like Hell skit. All the associate members are excited for the Greek activities that homecoming brings! Our Freshman class has become

really close-knit, which is awesome. We have a few out-of-house guys as well, and they are over at the house having fun with us and participating in a lot of our activities! I am really looking forward to the rest of the semester, and especially the rest of my time here at Beta Sigma Psi. Go Cyclones!

Fraternally,
Peter Buchan



The 2012 Associate Class in the Huddle during the Active vs. Associate Football Game.



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We're on the Web!
Epsilon.BetaSigmaPsi.org

Per Aspera Ad Astra ~ Through adversity, to the stars

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